



County of Sacramento
Department of Human Assistance



Program Fact Sheet

GENERAL ASSISTANCE *March 2026*

Purpose

The purpose of the General Assistance (GA) Program in Sacramento County is to provide assistance to all eligible indigent residents of Sacramento County. It is intended to provide short-term financial assistance and limited services that will enable a recipient either to find employment or to obtain support from another source.

Funding

The GA Program is 100 percent county funded.

Minimum Age

To qualify for GA benefits, an applicant/recipient must be at least eighteen (18) years of age, unless they are an emancipated minor.

Residence Requirement

To qualify for GA benefits, an applicant/recipient must meet the following residence criteria:

- Physical presence in Sacramento County,
- A Sacramento County resident for at least fifteen (15) days, and
- Verification of intent to continue to reside in Sacramento County.

Requirement

All GA applicants and recipients are required to sign an SSI/SSP interim assistance agreement. When SSI/SSP is approved, the interim GA is repaid from the retroactive SSI/SSP award.

Deprivation Requirement

To qualify for GA benefits, an applicant/recipient must be unemployed, employed less than 100 hours per month, or incapacitated due to a verified physical, mental health or functional disability.

An employable person will be offered employment services through our community partners and must:

- Register for work with CalJOBS through Employment Development Department
- Apply for Unemployment Insurance Benefits (UIB) if potentially eligible

An unemployable person must:

- Cooperate in providing/obtaining verification of their incapacity and,
- Participate in any appropriate rehabilitation plans and
- Apply for SSI/SSP and/or other disability benefits as determined appropriate by the department and cooperate fully with that agency's requirements.



**County of Sacramento
Department of Human Assistance**



Program Fact Sheet

GENERAL ASSISTANCE March 2026

Time Limited Eligibility Period

General Assistance applicants/recipients who are determined to be employable and who are offered employment services may receive General Assistance benefits for three (3) months or ninety (90) days in a twelve-month period whether or not the days/months are consecutive. This includes time on aid in another California county or State as an employable individual subject to time limits. Individuals determined to be temporarily unemployable or unemployable are excluded from the time limits.

Income

Cash or in-kind contributions received by an applicant or recipient are considered income in the month of receipt and deducted from the grant amount.

Income that is received or reported too late in the month to count when calculating the current month’s grant shall be counted in calculating the grant for the following month.

Resources

All available resources must be utilized. GA applicants/recipients must apply and receive all financial resources available to them.

Benefit Issuance

GA benefits are provided in the form of electronic benefits transfer (EBT), warrants, vouchers or in-kind.

Basic Grant Levels

Non-exempt level: Applicants and recipients who do not meet the criteria listed under the exempt level shall receive the non-exempt, or lower level.

Non-Exempt Grant Levels Effective January 1, 2020				
Family Size	Number of other adults living in housing unit not legally responsible for the applicant/recipient’s support			
	None	One	Two	Three or more
1	326.64	277.64	261.31	244.98
2	437.70			

Exempt level: A general assistance applicant/recipient may be exempt from the lower grant level only when the applicant/recipient and their spouse, if residing in the home, are receiving disability payments.



**County of Sacramento
Department of Human Assistance**



Program Fact Sheet

GENERAL ASSISTANCE March 2026

Disability payments are defined as:

- SSI/SSP, or
- In-Home Supportive Services (IHSS), or
- State Disability Insurance (SDI), or
- Temporary Worker’s Compensation

Receipt of any of the above disability payments will be considered when determining eligibility. Social Security Disability or Veterans Benefits are not classified as a disability payment and therefore the non-exempt grant level would be applied if the applicant/recipient is determined eligible to GA.

Exempt Grant Levels Effective January 1, 2020				
Family Size	Number of other adults living in housing unit not legally responsible for the applicant/recipient’s support			
	None	One	Two	Three or more
1	364.20	309.57	291.36	273.15
2	488.03			

Immediate Need Benefits

Immediate Need benefits in the form of vendor payments may be authorized on the date of application, provided the applicant meets Immediate Need criteria and is determined to be presumptively eligible for GA.

How to Apply

Persons who wish to apply for GA should contact the Sacramento County Department of Human Assistance (DHA) at the location listed below, or the DHA location that is nearest their home.

2450 Florin Road
Sacramento, CA 95822
1-800-560-0976

Individuals Living with a CalWORKs Spouse or Child

Individuals who live with a spouse and/or child receiving CalWORKs must contact the CalWORKs worker and request to be included on the CalWORKs grant.

Fraud line: (916) 875-8911

Sacramento County Department of Human Assistance 1-800-560-0976