

Behavioral Health **YOUTH ADVISORY BOARD**

A MONTHLY NEWSLETTER BROUGHT TO YOU BY THE MEMBERS OF THE BHYAB



May News

On May 6th, the listening session Ad Hoc group presented final information on the event to the board to make any final decisions. IRC presented data from a survey to the board regarding mental health and substance abuse in the Afghan community. They discussed the Afghanistan community and the stigma on mental health.

On May 20th, the board discussed filling the officer positions due to the Chair Radha leaving soon. They also created an Ad Hoc to draft a policy brief using data from its latest survey. Board member Natanya presented the board with the most recent policy brief the board worked on as well.

FEATURED

Meeting News

Upcoming Events

Board Resources

*This newsletter is
brought to you by:*



Board Events

The board recently had a listening session surrounding the topic of youth suicide on May 22nd with the help of Stanford Sierra Youth and Families. The listening session was a success and many youth attended. Stay on the look out for future board events here on the monthly newsletter!

BOARD RESOURCES

- [Agenda](#)
- [Application](#)

Special Thanks...

We would like to recognize the supporters of the BHYAB:

Stanford Sierra Youth and Families for their collaboration on our listening session!

Follow the Board Instagram to stay up to date with board activities and events, general meetings, and youth-curated content:

[@saccountybhyab](#)

If you would like to present to the BHYAB, please contact raine@windyouth.org.



Interested in joining the board?

Fill out the application! There are two seats per district, and currently, 1 seat for District 3 and 2 seats for District 5 are open. Applicants for districts with full seats can still apply and serve as associate board members until a space opens up!

If you know a youth that has an interest in behavioral health, please refer them to this newsletter and encourage them to apply - we can offer support in the application process too!

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- [Agenda](#)
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SELECTION PROCESS

1. Apply to the board with the link above
2. Send application to BoardClerk@SacCounty.gov
3. After applications are reviewed, the applicant will be interviewed by their respective district supervisor
4. After interviews, supervisors make their appointment recommendations

