

Behavioral Health **YOUTH ADVISORY BOARD**

A MONTHLY NEWSLETTER BROUGHT TO YOU BY THE MEMBERS OF THE BHYAB



April News

On April 1st, the board had guest speaker Lauren Anderson from Wind Youth, who spoke to the board about Wind Youth, what services it offers, and its goals.

Board members also discussed the upcoming youth suicide listening session. Kiara Hayden, from Stanford Sierra Youth & Families, shared a poll with board members to finalize the event's date, time, location, and goal.

On April 15th, the meeting was canceled by the board due to an expectance of the absences of more than half of the board members.

FEATURED

Meeting News

Upcoming Events

Board Resources

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brought to you by:*



Upcoming Events

On May 22nd, BHYAB will hold a listening session for youth. Date is being discussed among the board, and the venue selected by our board is the Sac Youth Center. This listening session will be focused on youth suicide awareness and prevention.

BOARD RESOURCES

- [Agenda](#)
- [Application](#)

Special Thanks...

We would like to recognize the supporters of the BHYAB:

Stanford Sierra Youth and Families for their collaboration on our listening session.

Follow the Board Instagram to stay up to date with board activities and events, general meetings, and youth-curated content:

[@sacountybhyab](#)

If you would like to present to the BHYAB, please contact raine@windyouth.org.



Interested in joining the board?

Fill out the application! There are two seats per district, and currently, 1 seat for District 3 and 2 seats for District 5 are open. Applicants for districts with full seats can still apply and serve as associate board members until a space opens up!

If you know a youth that has an interest in behavioral health, please refer them to this newsletter and encourage them to apply - we can offer support in the application process too!

BOARD RESOURCES

- [Agenda](#)
- [Application](#)

SELECTION PROCESS

1. Apply to the board with the link above
2. Send application to BoardClerk@SacCounty.gov
3. After applications are reviewed, the applicant will be interviewed by their respective district supervisor
4. After interviews, supervisors make their appointment recommendations

