

Behavioral Health **YOUTH ADVISORY BOARD**

A MONTHLY NEWSLETTER BROUGHT TO YOU BY THE MEMBERS OF THE BHYAB



February News

On February 4th, board members held their general meeting and discussed their upcoming youth suicide listening session. The listening session Ad-hoc shared their meeting discussion. The board began formation of it's second Ad-hoc for it's upcoming policy brief. They also gave their insight and feedback on the Sacramento County Safer Sacramento Youth Instagram page.

On February 18th, board members further discussed plans for their upcoming youth suicide listening session. They evaluated their goals for the listening session and

FEATURED

Meeting News

Upcoming Events

Board Resources

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brought to you by:*



Upcoming Events

In the month of April, BHYAB will hold a listening session for youth. Date is being discussed among the board, and the venue selected by our board is the Sac Youth Center.

This listening session will be focused on youth suicide awareness and prevention.

Also in the month of April, is the UC Davis Science Cafe event. The confirmed date for the event is April 17th, and it will be in a hybrid format. The event theme is “How to navigate difficult times”.

BOARD RESOURCES

- [Agenda](#)
- [Application](#)

Special Thanks...

We would like to recognize the supporters of the BHYAB:

Stanford Sierra Youth and Families for their collaboration on our listening session

Follow the Board Instagram to stay up to date with board activities and events, general meetings, and youth-curated content:

[@sacountybhyab](#)

If you would like to present to the BHYAB, please contact raine@windyouth.org.

